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IWIRC London Network Newsletter Spring 2024

We are pleased to send you the IWIRC London Network newsletter

In this edition, we report on:

- Co-Chairs Update
- Members' News
- Articles & papers - written by our members
- Events Committee update
- Upcoming Events
- Notes from Past Events

Happy reading!

The IWIRC London Network Communications Team:

- [Courtney Clelland](#), (Addleshaw Goddard), Communications Co-chair
 - [Louise Jennings](#) (Taylor Wessing), Communications Co-Chair
 - [Jennifer Yamada](#), (Alvarez & Marsal) Committee Member
 - [Chloe Ball](#), (Freshfields), Committee Member
-

Co-Chairs Update

Spring sunshine has (finally) arrived in London and it's officially bank holiday season. The IWIRC London Network is not letting the grass grow under its feet however! We have been busy planning events and initiatives for our members over the summer season focusing on the three pillars of connection, productivity and success of our members. In the spirit of collaboration heralded in our message from our New Year newsletter, we are really delighted that a joint event with TMA, ILA and the IFT is taking place in June. More details about this, and the many other events coming up, appear below.

But first, some important updates about the leadership of the London Network. Kristina Kicks has completed her 2-year period of office as co-chair and Hannah Aynsley has been appointed as the new co-chair of the IWIRC London Network.

We are hugely grateful to Kris for the enormous contribution she has made to the London Network during her time as co-chair (and prior to that as co-chair of various committees). The network has gone from strength to strength

her leadership, with several successful new initiatives and a significant increase in members. We are delighted that Kris will remain as a member of the Board and wish her every success in her new role on the IWIRC International Board.

We welcome Hannah to her role as co-chair and look forward to continuing the work of our network for our members.

Some words from outgoing Chair, Kris Kicks:

With the end of my two-year period as co-chair of the IWIRC London Network this has been a great time to reflect on how fantastic the network is and how it has gone from strength to strength since 2018.

I would like to give special thanks to Katharina Crinson, who I was co-chair for the majority of my tenure, and more recently, Luci Mitchell-Fry who has been a pleasure to work with over these last few months.

Also, many congratulations to Hannah Aynsley who has been appointed as the new chair. I have no doubt, Luci and Hannah will build on the success of the London network.

It truly was an honour to co-lead the network for two years - reaching the milestone of 300 members and the creation of the New Crew committee have been particular highlights!

The IWIRC London network's success is down to every member, a supporter and I am so pleased to have built so many relationships through the network. I was also delighted to be appointed at the end of last year as a Large Director on the IWIRC International 2024 Board for a two-year term so look forward to remaining involved with IWIRC both through that, as a member at large of the IWIRC London Network.

Some words from our newly appointed Chair, Hannah Aynsley:

I am delighted to have been appointed to the role of Co-Chair of the London Network. I am hugely grateful for the wonderful work of Kris Kic Katharina Crinson as the recent outgoing Co-Chairs and the fantastic work that has been done to build and grow the London and wider UK networks forward to working with Luci Mitchell-Fry and all of the brilliant Steering committee members to build on our commitment to the connection, presence and success of women in the insolvency and restructuring profession.

IWIRC London Network co-chairs

[Luci Mitchell-Fry](#), Dentons

[Hannah Aynsley](#), Teneo

Members' News

Congratulations to [IWIRC London Network](#) member [Helena Giles](#) who has recently been appointed as the President of [The Association of Corporate Trustees](#). TACT was founded 50 years ago to foster a high standard of corporate trustees. Helena is the first woman to have been appointed President.

Congratulations also go out to [IWIRC London Network](#) member [Ruth Meehan](#) who was promoted to Counsel at Weil in January this year.

[Luci Mitchell-Fry](#), co-chair of the London Network, has been promoted to partner at Dentons. [Susan Moore](#) has rejoined Dentons as partner in the Dentons Restructuring and Insolvency Group. Congratulations to both.

Congratulations to Teneo's IWIRC London Network members on their promotions. [Rebecca Leeser](#) has been promoted to Director, [Toni Si](#) Associate Director and [Laura McCabe](#) and [Lucy Brady](#) to Manager.

IWIRC 2024 Woman of the Year in Restructuring Hall of Fame



IWIRC London Network member Frances Coulson is the third inductee in IWIRC's Hall of Fame in recognition of accomplishments throughout her career.

In a ceremony held in Washington DC, Wedlake Bell's Head of Insolvency Restructuring, Frances Coulson was the third woman to be inducted into IWIRC's hall of fame.

As well as being a senior figure within Wedlake Bell, running the success Restructuring and Insolvency practice there, Frances has also chaired various regulatory committees, been on boards of charities and governmental boards and is a former R3 President and future President of INSOL Europe. She is Deputy Chair of the Fraud Advisory Panel and sits on the Companies & Insolvency Court Users' Committee of the High Court, contributing to draft practice directions and working hard to make a difference to users' experience of the court.

Her continued battles in the public sector's underuse of the private sector to achieve results and devotion of untold paid time was highlighted by those who nominated her as well as the time she spends mentoring team members and women across the insolvency industry to embrace their work while maintaining and encouraging others to maintain, a work-life balance.

On her induction, Frances Coulson said: "I am extremely touched and really honoured to be inducted into IWIRC's Hall of Fame. I have a huge amount of respect for what IWIRC does as an organisation and believe it is hugely important to encourage more women into our industry and to be promoted within it."

Articles & Papers

We're delighted to include reports from our members on these decisions and other areas of topical interest.

- Luci Mitchell-Fry and colleagues from Dentons issued an alert for the FCA's proposed amendments to the IP guidance on how to apply to regulated firms (FG21/4). <https://www.linkedin.com/posts/luci-mitchell-fry>

[91b295b1_the-fcas-proposed-amendments-to-guidance-activity-7189324259930857472-V0dj?utm_source=share&utm_medium=member_desktop](https://www.linkedin.com/feed/update/urn:li:activity:7189324259930857472-V0dj?utm_source=share&utm_medium=member_desktop)

Events Committee Update



The IWIRC London Events Committee is the first port of call for the running of all of the London events. The team is split into three sub-committees which mirror IWIRC's three pillars: Be Connected, Be Inspired and Be Informed. We aim to run at least one event per month of the year, so

which are members only events and some open to non-members too.

The Events Committee brainstorm the event concepts, set up teams venues, sort logistics and organise the events and are the points of contact for all of the other committees we work closely with in relation to each event. We also support our New Crew Committee with all of their events as needed.

We have had a very busy start to 2024.

First up, we had the annual IWIRC Charity Quiz in aid of Solace in January which was held at The Forge. We had a great turn out, including lots of family and friends in the room (despite the deliberate lack of a sports round in the quiz) and we raised over £3,500 for Solace.

Next up was the Be Inspired book club event with Baz Moffat, co-author of *Female Body Bible* at the start of March. This event sparked lively discussion in relation to the female body and performance and was attended by both women and men who have women in their lives.

Our Be Connected: Thursday Fizz in honour of International Women's March was another sold-out event and a great celebration of women's resilience and restructuring.

In conjunction with the IWIRC London D&I Committee, we then held a fascinating talk on a very important topic, the "You are Not Alone" alongside the Maternal Mental Health Alliance to raise awareness of mental health issues through pregnancy and post-partum.

Up next is our [Be Inspired: Sip and Paint](#) on 6 June 2024, an interactive experience where each guest is guided through the painting of a canvas while sipping on a lovely summer drink!

We then have the [Insolvency and Restructuring Summer Soiree in conj with TMA, ILA and IFT](#) on 12 June 2024. This is our first event combining the other networks and it has been a pleasure working together to provide a fantastic networking opportunity to the market. This event sold out in a few hours!

Then, on to our Be Informed event titled “What's next for restructuring in the UK and Ireland” on 18 June. This event will be our first hosting an event in all three places at the same time in Edinburgh, London and Dublin with a virtual link between three places. This event will follow on from some of the topics featured at the IWIRC conference last November and is being held in collaboration with our sister networks in Scotland and Ireland and will feature speakers from all three jurisdictions.

Before the summer break, we will also have our “magical” [Anniversary and Awards Ceremony](#) on 2 July 2024 on the amazing roof terrace at our London office. Let's hope for good weather!

Spoiler alert, we also have more drinks events, a menopause awareness event, our annual conference in collaboration with Reorg and a Christmas event planned for later this year.

As you can see our events schedule is very diverse with something for everyone and we are always open to new ideas. We hope to see you at one of our events.

The IWIRC London Events Committee is co-chaired by [Kelly R \(CMS\)](#) and Hannah Langley (White & Case) supported by an amazing team across the three sub-committees. We are always open to new members and new ideas for events, so please do get in touch.

Great Returners Programme

Our Great Returners programme was set up last year to facilitate a “safe space” for any of our members who return to work after a period of absence such as parental leave, caring responsibilities, or longer-term sickness. The aim is to connect members who are going through similar experiences and offer mutual support and most importantly remind those attending that they are not alone in facing the challenges they face.

The programme includes six one-hour coach facilitated sessions and is supported by two fantastic coaches, Fahrah Gulamhusein and Kate Adey.

It has attracted significant interest from IWIRC London members and has been attended by members at lots of different institutions and at different levels.

We have run four out of six sessions so far this year and feedback has been really positive. We have covered topics such as “The Journey Home”, “Strengthening your Career” and “Being You in the Workplace”.

It isn't too late to join for the last two sessions of this year's programme on 27 June and 9 July 2024 – it has deliberately been designed as something you can drop in and out of so please do get in touch if you would like further information. We also hope to roll out this programme again next year if there is enough interest.

The programme is run by Kelly Rothwell (CMS) with support from the two coaches.

“Attending the Great Returners sessions has been extremely encouraging. I left each session feeling positive and refreshed. It was a true privilege to listen to and learn from everyone who shared their experiences after returning from long term leave. I am applying a lot of the professional advice received.”

*my everyday life at work and at home.” – Paula Lucescu –Contentious
Insolvency Investigator*

Share your news with us!

- Have you **written an article** which you would like us to publish (if already published you must have permission for republication.)
- Have you recently been, or will you be, **involved in panels** (speaking or moderating)? Let us know more!
- Do you have any **entries for our Members' News section?** For example, have you won an award, moved jobs, had a promotion?

If you have something to submit, please email us at [iwirclondon@yahoo.](mailto:iwirclondon@yahoo.com) with "Newsletter Submission" in the subject matter to be featured in our newsletter!

Upcoming Events...

with more to come!



Be Inspired

Be Inspired Sip and Paint
6 June 2024, 18:00 - 22:00

IWIRC London is pleased to be hosting our Be Inspired Paint & Sip event on 6th June 2024. This is an interactive paint experience delivered by [Brush](#) where each person paints their own canvas, guided by the host. There will be arrival drinks and canapes and a chance to network with fellow members.

The evening will be held at Azets' office at: Azets, Floor 2, 45 King William Street, London.

Arrival is from 6pm with painting commencing at 7pm.

[Register here](#)



Be Connected

The Great Returners Programme - Session 5 - The Toolbox **6 June 2024, 09:00 - 10:00**

In this fifth session, Kate Adey (the coach) (www.kateadey.co.uk) will be recapping all of the topics and information shared in the first four sessions and provide participants with “The Toolbox” for approaching work after a period of absence.

[Register here](#)



The IWIRC, IFT, ILA and TMA networks collaborate to bring you the **INSOLVENCY AND RESTRUCTURING SUMMER SOIREE**

12 June 2024, 18:00 - 22:00

Juno Rooms, 67-69 Watling St, London EC4M 9DD

The 4 networks are combining for the first time to bring you the ultimate networking opportunity. Please join us to enjoy summer drinks and nibbles and meet colleagues across all the networks.

Insolvency and Restructuring Summer Soiree

*** TICKETS NOW SOLD OUT ***

12 June 2024, 18:00 - 22:00

[Institute for Turnaround \(IFT\)](#), [Insolvency Lawyers Association \(ILA\) Associates' Network](#), [IWIRC](#) and [Turnaround Management Association \(TMA\) NextGen](#) invite you to the **Insolvency and Restructuring Summer Soiree**. The four networks are collaborating for the first time to bring you the ultimate networking opportunity.

Please join us to enjoy summer drinks and nibbles and meet colleagues across the insolvency and restructuring industry.



Be Informed

What's Next for Restructuring in the UK and Ireland?

18 June 2024

This event will be our first hosting an event in person at the same time in Edinburgh, London and Dublin with a virtual link between all three places event will follow on from some of the topics featured at the IWIRC conference last November and is being held in collaboration with our sister networks in Scotland and Ireland and will feature speakers in each jurisdiction. Location and exact timings TBC.

Save the date



IWIRC London Summer Party 2024

2 July 2024 at 18:00 BST



Weil, Gotshal & Manges, 110 Fetter Lane, London
EC4A 1AY

Please join us at our annual IWIRC Summer Party and Awards Ceremony. We look forward to seeing you for a glass of something bubbly, some delicious canapes and some magical entertainment!

IWIRC London Summer Party 2024

2 July 2024, 18:00

Please join us at our annual IWIRC London Summer Party and Awards Ceremony. We look forward to seeing you for a glass of something bubbly, some delicious canapes and some magical entertainment.

[Register here](#)



Be Connected

The Great Returners Programme - Session 6 - Live Coaching **9 July 2024, 08:30 - 10:15**

In this final session of this year's Great Returners Programme, we have the option of meeting in person at the London office of CMS where we will have both coaches (Kate Adey and Fahrah Gulamhusein) attending in person and an opportunity to have some real-time coaching and meet the other participants at a networking breakfast too. Time: 8:30 am - 9:15 am – networking breakfast. The session will take place from 9:15 am to 10:15 am.

This session is also very much open to virtual participants for the main session if you are not in London or cannot attend the session in person. The virtual session will be delivered via Teams and details emailed out prior to the event.

[Register here](#)



IWIRC LONDON CONFERENCE 2024

in collaboration with Reorg

7th November 2024
Conference & Drinks Reception
11:00 am - 11:00 pm

One Moorgate Place, London



Reorg

IWIRC London Conference 2024 **in collaboration with Reorg** **7 November 2024, 11:00 - 23:00**

The IWIRC London network is delighted to be hosting this in person event on 7th November 2024 in collaboration with Reorg.

The half day conference will feature four topical sessions with panellists from the judiciary, investment funds and the legal and financial advisory communities. Sessions will be announced soon.

Following the conference, delegates are invited to join us for a drinks reception from 17:00-23:00.

Save the date

Hosting: Please let us [know](#) if you would like to host or sponsor an event.

Past Events

In case you missed them - read a snapshot from recent events.

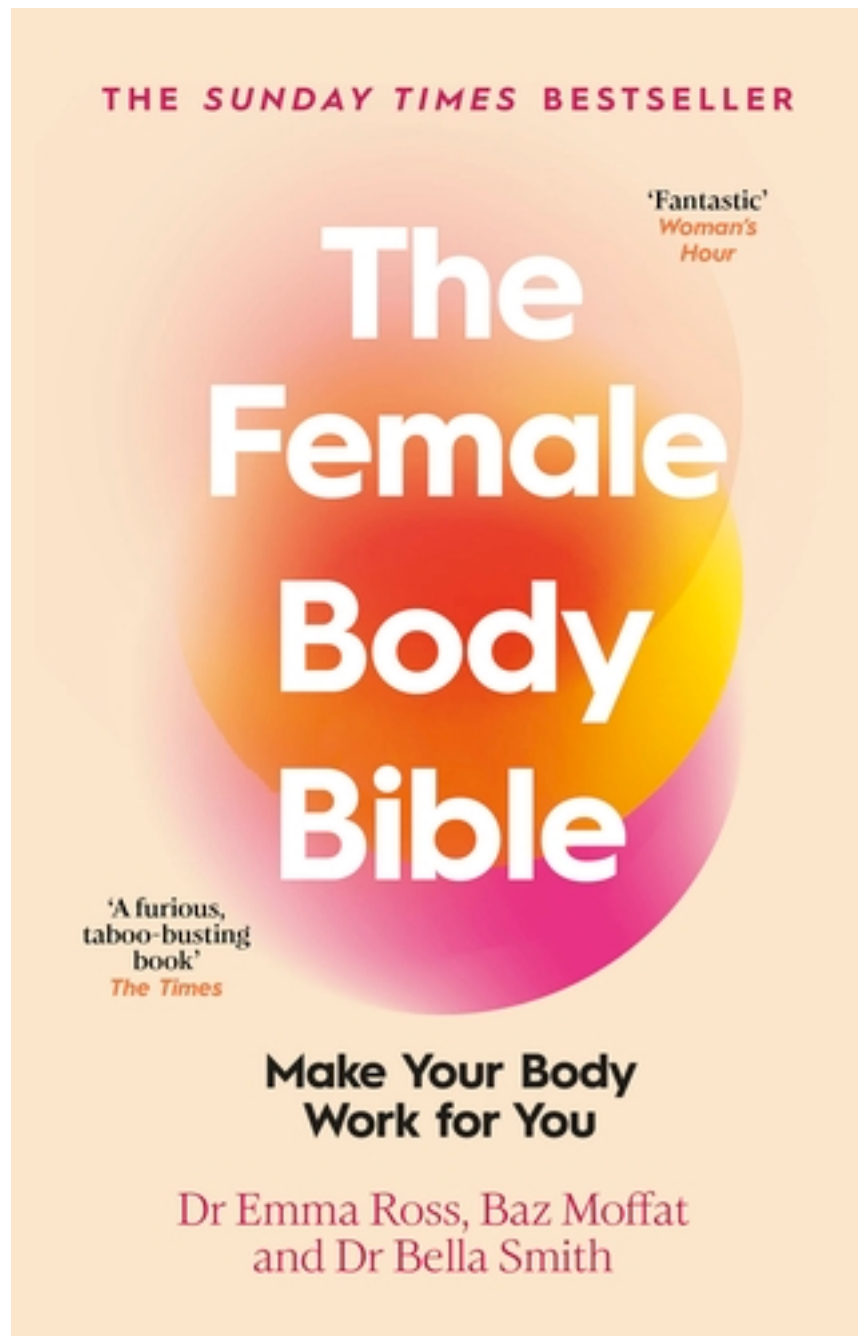


Be Inspired Charity Quiz in aid of Solace

24 January 2024

A huge thank you to everyone who joined us at the IWIRC Charity Quiz on 24 January in aid of Solace. We raised over £3,500 on the night which will support five women and their children to move from a refuge into their own homes, providing them with security and the opportunity to start a new life. Thank you to all who supported us on the night.

If you are interested in finding out more about Solace, and the wonderful things they do, please visit <https://www.solacewomensaid.org/>



The Female Body and Performance

1 February 2024

We had an amazing evening at our Be Inspired Event, 'The Female Body and Performance', where we enjoyed an insightful discussion with Baz Moffat, author of 'The Female Body Bible'. Members also enjoyed networking

drinks and canapes.



'New Crew' Yoga
21 February 2024

IWIRC London New Crew members enjoyed getting their day off to the right start by taking part in an early morning yoga session at Dentons. The event aimed to connect and promote New Crew members and more junior Restructuring & Insolvency professionals. Members enjoyed networking and a light breakfast following their yoga session.



Be Connected

The Great Returners Programme Session 3 - Being You in the Workplace **29 February 2024**

Session 3 of our Great Returners Programme took place on 29 February, focussed on 'Being You in the Workplace'. This programme is run for anyone who is/will be returning to work from an extended period of leave. In this third session, Kate Adey (the coach) (www.kateadey.co.uk) led an interactive session which explored challenges associated with returning to work.



International Womens Day Thursday Fizz

7 March 2024

We were delighted to host our Be Connected: Thursday Fizz in honor of International Women's Day at The Folly. Thank you to everyone who joined for a lovely evening catching up over a glass of fizz.



Be Connected

The Great Returners Programme - Session 4

23 April 2024

Kate Adey and Fahrah Gulamhusein, our wonderful coaches for our Returners programme joined together to host our 4th session of the prog which focussed on strengthening your career as a returner. A really informative and engaging session.



Maternal Mental Health - You Are Not Alone

24 April 2024

IWIRC London organised an incredibly valuable event with the Maternal Health Alliance, sponsored by [FTI Consulting](#), to raise awareness of maternal mental health challenges. We discussed direct and indirect experiences informing what “good” looks like as we support parents who may be struggling (including within our workplaces). Find out more about the MMHA’s work signposting to resources on <https://maternalmentalhealthalliance.org/>

MMHA has [provided a one-page summary](#) which includes quick links to webpages with appropriate resources.



Realise Your Potential Mentoring Programme - Panel Discuss **30 April 2024**

Thank you to everyone who joined us at the Realise Your Potential Mentoring Panel Discussion last week. Many thanks to our Moderator and Program Lead, Liz Brown, and our Panelists Mark Addley, Sarah Prescott, Lucy Sanderson and Calypso Lowrey for sharing their experience and the insights gained from the IWIRC Mentoring Programme. It was great to see so many people in the room sharing their stories and a massive thank you to [Linklaters](#) for hosting.

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How to Get in Touch

We would love to hear from you on how we can grow the **IWIRC London Network**, what events you would like to attend and any other ideas for our group in touch using any of the following options:



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